

1 *Biosemiotics*

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3

4 **Evolutionary biosemiotics and multilevel construction networks**

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12 **Abstract**

13 In contrast to the traditional relational semiotics, biosemiotics decisively deviates towards
14 dynamical aspects of signs at the evolutionary and developmental time scales. The
15 analysis of sign dynamics requires *constructivism* (in a broad sense) to explain how new
16 components such as subagents, sensors, effectors, and interpretation networks are
17 produced by developing and evolving organisms. Semiotic networks that include signs,
18 tools, and subagents are multilevel, and this feature supports the plasticity, robustness,
19 and evolvability of organisms. The origin of life is described here as the emergence of
20 simple self-constructing semiotic networks that progressively increased the diversity of
21 their components and relations. Primitive organisms have no capacity to classify and
22 track objects; thus, we need to admit the existence of proto-signs that directly regulate
23 activities of agents without being associated with objects. However, object recognition
24 and handling became possible in eukaryotic species with the development of extensive
25 rewritable epigenetic memory as well as sensorial and effector capacities. Semiotic
26 networks are based on sequential and recursive construction, where each step produces
27 components (i.e., agents, scaffolds, signs, and resources) that are needed for the following
28 steps of construction. Construction is not limited to repair and reproduction of what
29 already exists or is unambiguously encoded, it also includes production of new
30 components and behaviors via learning and evolution. A special case is the emergence of
31 new levels of organization known as *metasystem transition*. Multilevel semiotic networks

32 reshape the phenotype of organisms by combining a mosaic of features developed via
33 learning and evolution of cooperating and/or conflicting subagents.

34

35 **Keywords:** Evolutionary semiotics; constructivism; semiotic network; evolvability;
36 metasystem transition; constraints on learning.

37

38 **1. Introduction: Biosemiotics requires constructivism**

39

40 Traditional semiotics is focused on the relations between sign vehicles, objects, and
41 interpretants (i.e., thoughts or actions that follow the interpretation of signs), whereas
42 questions about the origin and evolution of sign relations are mostly ignored. This is
43 natural for a discipline that is strongly integrated with logic and linguistics because logic
44 and language are stable within the human life span. But recently semiotics has expanded
45 into biology, where the new discipline of biosemiotics attempts to apply the notions of
46 sign and meaning to all organisms (Sharov 1992; Hoffmeyer 1996, 2008; Barbieri 2008).
47 Although biosemiotics has strong connections with traditional relational semiotics (Deely
48 1992), it decisively deviates towards dynamical aspects of signs at the evolutionary and
49 developmental time scales (Sharov 1992; Cariani 1998). The main feature of this
50 approach in biosemiotics can be formulated as *constructivism* in a broad sense.
51 Everything has to be constructed: sense organs – to detect signals; networks – to integrate
52 and analyze signals, effector organs – to respond; memory – to store information;
53 subagents – to perform downstream tasks including lower-level construction; body – to
54 integrate all functional units; niche – to live in; tools and resources – to increase
55 functional efficiency; and signs – to support communication between parts of an
56 organism and with other organisms.

57

58 The term constructivism¹ generally denotes a theory of human knowledge that
59 emphasizes the importance of active involvement in knowledge-building and rejects the
60 idea that knowledge comes via passive imprinting or copying (Tobias and Duffy 2009;

¹ It is closely related to constructionism (Noss and Clayson 2015) and evolutionary epistemology (Riegler 2006).

61 Riegler 2006). In systems science, constructivism is used to describe agents that actively
62 modify the world in contrast to passive observers and predictors (Klir 1991). In
63 philosophy, this term is often used to emphasize the subjective component of behaviors,
64 which are guided not directly by the real world but by previously constructed internal
65 representations of reality (Liu and Matthews 2005). This aspect may be erroneously
66 misunderstood as *relativism* in a broadest sense, where internal representations are not
67 constrained by reality. However, if we accept the notion of a unity between mind and
68 body, evolution and cognition, and individual and social, as emphasized by Vygotsky
69 (Liu and Matthews 2005) and Piaget (Piaget and Garcia 1989), then internal
70 representations appear strongly constrained (but not determined) by various real
71 interactions in the past (both physical and cultural). In this way, constructivism is closely
72 linked with the philosophy of pragmatism (James 1954; Dewey 1998).

73

74 Construction should not be confused with computation, although it can be modeled or
75 controlled computationally. For example, cellular-automata models generate versatile
76 dynamic patterns (von Neumann 1966; Gardner 1970). In 3D printers, construction is
77 controlled by a computer but the result is non-digital because glue drops used for printing
78 slightly vary in size and shape, and their deposition depends on the presence of
79 neighboring structures. Living processes are not fully digital and not computable
80 although some of them resemble computation processes (e.g., DNA replication or
81 polypeptide synthesis). It is debatable if artificial life (AL) can be designed on
82 computation alone, but pure computational systems are not likely to have evolutionary
83 potential and robustness similar to real organisms due to the absence of non-digital self-
84 organization.

85

86 The roots of constructivism can be traced back to James Baldwin (Baldwin 1896), who
87 developed “genetic epistemology” and proposed a model of evolution where animal
88 behaviors are both products and factors of evolution (this effect was named after
89 Baldwin). The theory of meaning developed by Jacob von Uexküll is also related to
90 pragmatism and constructivism (Sharov 2001). According to Uexküll, every animal
91 develops its subjective model of the environment, called Umwelt, where objects and

92 perceptions are associated with certain values (food items, sex partners, or orientation
93 marks) or threats (predators) (Uexküll 1982). Ideas of constructivism in relation to
94 biology were further developed by Von Foerster and Bateson (Riegler 2006).
95 Waddington proposed an epigenetic model of sign interpretation, where infinitely small
96 signals become amplified at bifurcation unstable points of embryo development and
97 trigger larger downstream phenotypic effects (Waddington 1968). Potential trajectories of
98 embryo development form an epigenetic landscape where valleys represent stable types
99 of embryo development or cell differentiation. The role of genes in this model is to
100 reshape the epigenetic landscape by pull-and-stretch actions. In this way, genes can
101 support heredity without determining the phenotype (Sharov 2014).

102

103 Another important idea of constructivism is the notion of *self-construction*. Self-
104 construction was initially explored using the formalism of cellular automata (von
105 Neumann 1966; Langton 1984). However, this approach is over-simplified because it is
106 based on discrete states and ignores non-digital epigenetic self-organization processes
107 comparable to protein folding or embryo development. In later theories, mathematics was
108 used mostly for developing concepts rather than for computing. These include the
109 category theory (Rosen 1991), autopoiesis (Maturana and Varela 1980), and
110 eigenbehaviors (Cariani 1998). Because self-construction is recursive (Bickhard 2005), it
111 is possible to explore the long-term dynamics in a sequence of recursive construction acts.
112 It is reasonable to expect the existence of meta-stable states (i.e., eigenstates and
113 eigenbehaviors) in the self-construction dynamics, which explains the phenomenon of
114 heredity without an assumption of determinism. Also, recursive construction allows the
115 emergence of new meta-stable structures and behaviors that represent evolution and
116 learning. Cariani used eigenbehaviors as a guiding principle for developing evolutionary
117 aspects of semiotics and explored the change of internal models of the outer world in
118 artificial and natural agents (Cariani 1998). The theory of code biology also attempts to
119 link construction with semiotics (Barbieri 2003; Barbieri 2008). In particular, Barbieri
120 considers the synthesis of polypeptides based on the genetic code as the construction of
121 meanings. In addition to the genetic code, he considered other codes in living cells, such
122 as signal transduction and splicing codes (Barbieri 2003). However, the theory of code

123 biology is focused on individual coding processes and does not attempt to integrate all
124 functions of organisms into a multi-level network of self-construction.

125

126 In this paper I use principles of constructivism to explain the emergence of multi-level
127 semiotic networks in organisms. Multi-levelness appears essential to support the
128 plasticity, robustness, and evolvability of living systems. The origin of life is described
129 here as the emergence of simple self-constructing semiotic networks that progressively
130 increased their complexity. Semiotic networks are based on sequential and recursive
131 construction, where each step produces components that are needed for the following
132 steps of construction. Construction is not limited to repair and reproduction of what
133 already exists or is unambiguously encoded, but also includes production of new
134 components and behaviors via learning and evolution. Because subagents are partially
135 independent in their learning and evolution, the phenotype of organisms appears to be a
136 mosaic of features developed by cooperating and/or conflicting subagents.

137

138 **2. Signs from the Evolutionary Perspective**

139 There is no consensus on the definition of sign in biosemiotics. Some scholars consider
140 that Peirce's definition of sign as a triadic relation between representamen, object, and
141 interpretant is universal and applicable to all levels of semiosis from cellular processes to
142 human cognition (Hoffmeyer and Emmeche 1991; Bruni 2008). Similarly, Hoffmeyer
143 and Stjernfelt (2016) argued that biosemiosis at all levels is based on proto-propositions
144 with a dual Subject-Predicate (S-P) structure. Others view molecular signaling, DNA
145 copying, mRNA synthesis, and protein synthesis guided by mRNA as a more primitive
146 kind of sign processes referred to as *organic code* (Barbieri 2003), *vegetative semiosis*
147 (Kull 2009) or *protosemiosis* (Prodi 1988; Sharov and Vehkavaara 2015). The latter point
148 of view is consistent with the general evolutionary principle that functions of organisms,
149 including semiotic functions, evolved from simple to more complex and this change was
150 not just quantitative but also qualitative. It also helps to explain the origin of life because
151 simple signs are more likely to emerge in primordial living systems (Sharov 2009),
152 whereas complex cognitive signs of Peirce's type require at least minimal mental
153 capacities that did not exist in primordial systems.

154 According to Sharov and Vehkavaara (Sharov and Vehkavaara 2015), molecular proto-
155 signs are not associated with objects because they are processed by cellular subagents
156 (e.g., ribosomes) that have no capacity to classify and track objects. Instead, proto-signs
157 are linked to actions of agents either directly or via simple logical gates. It seems natural
158 to associate a triplet of nucleotides in the mRNA with an amino acid as an object.
159 However, a ribosome has no internal representation of an amino acid as object and it does
160 not “know” that it makes proteins. Instead, a ribosome detects if a triplet of nucleotides in
161 the mRNA matches to the anticodon sequence of the incoming tRNA molecule loaded
162 with an amino acid and then makes a peptide bond. Humans (e.g., biologists) know the
163 chemical structure of these components and understand the details of their interaction, but
164 a ribosome simply gets a signal that indicates readiness for the reaction and then uses the
165 catalyst tool to finish the action. In other words, proto-propositions with S-P structure do
166 not exist in protosemiosis because primitive organisms and cellular subagents cannot
167 perceive objects and their properties (i.e., subjects and predicates, or S-P). Instead these
168 agents use proto-signs (e.g., signals) to initiate or modify their actions. Thus, I disagree
169 with Hoffmeyer and Stjernfelt (2016) that proto-propositions with S-P structure are
170 universal at all levels of semiosis.

171 According to the theory of Charles Peirce (Peirce 1976), semiotics is intrinsically linked
172 with logic. Following this tradition, Hoffmeyer and Stjernfelt (2016) wrote that “even
173 very simple sign processes always are truth related”. I agree with this statement if truth is
174 understood as a pragmatic relation², following William James (1954). Indeed, the
175 correspondence between proto-signs and actions tends to be beneficial for the survival
176 and reproduction of organisms. Here I use mathematical logic to explain the difference
177 between protosemiosis and advanced sign processes (eusemiosis). In short, protosemiosis
178 can be modeled with propositional logic, whereas eusemiosis requires predicate logic
179 (also known as first-order and second-order logic). In propositional logic, propositions
180 are atomic and do not describe any objects, similar to protosemiosis. Such unstructured
181 propositions are rare in human language and can be exemplified by sentences “it’s dark”

² However, the statement would be wrong if truth is interpreted in metaphysical terms, because meaningful sign processes are possible even without true understanding of states-of-affairs (e.g., cooking recipes do not require any knowledge of thermodynamics).

182 or “it’s raining”. These propositions should not be confused with “proto-propositions”
183 with S-D structure, as defined by Hoffmeyer and Stjernfelt, which belong to predicate
184 logic that describes objects, their properties, and relations. Predicate logic is substantially
185 more complex than propositional logic and appears more relevant for human
186 communication. Thus, I assume that primitive agents can handle only the most simple
187 atomic propositions, whereas the use of predicates requires additional semiotic capacities
188 such as recognition of objects and their properties, which presumably appeared later in
189 evolution.

190 In relation to life, a sign is something that repeatedly and consistently regulates or guides
191 the actions of organisms or their subagents (e.g., cells or molecular complexes) in a
192 useful way. In this respect, signs are similar to tools or resources, which are also needed
193 for activities of organisms and cells. But molecular tools and resources are not signs *per*
194 *se* because they do not always regulate cellular functions (if sufficiently abundant). If
195 some molecular function is halted or slowed down due to the lack of resources, this effect
196 is forced (i.e., it is purely physical), and thus, cannot be viewed as sign-dependent.
197 However, tools and resources may also serve as signs if they happen to modulate certain
198 signaling pathways in addition to their main job as tools and resources. For example, the
199 depletion of glucose in the environment is detected by bacterial cells and results in a sign-
200 dependent activation of alternative metabolic pathways (Lodish et al. 2000). Signs are
201 both material and ideal; materially they are represented by sign vehicles, and ideally – by
202 relationships with agents (i.e., via the capacity of agents to produce, perceive, and
203 interpret signs), which are reproducible through generations and are potentially immortal
204 (Sharov 2016b).

205 As the number of proto-signs increased in evolution, they became connected via logical
206 gates. However, these connections were still fixed genetically and could not be modified
207 within the life span of an organism even if they failed to produce beneficial effects. To
208 overcome this limitation, organisms developed epigenetic mechanisms to modify logical
209 gates on demand. These mechanisms can support rewritable memory within cells and
210 even adaptive learning (Sharov 2010). Eventually organisms developed complex sense
211 organs and acquired a capacity to integrate incoming signals into meaningful categories

212 representing real objects and situations (e.g., food items, partner agents, or enemies) and
213 predict events using models. This capacity may have emerged in single-cell organisms
214 but became fully developed in multicellular organisms with a nervous system. It marks an
215 evolutionary transition from protosemiosis to eusemiosis (although protosemiosis still
216 persists at the molecular level) where knowledge about objects becomes possible (Sharov
217 2016b). Following the terminology of Uexküll, the knowledge about internal parts and
218 functions is the *Innenwelt* of an organism, whereas the knowledge about external objects
219 and processes is the *Umwelt* (Uexküll 1982). Signs processed at the eusemiotic level are
220 not necessarily followed by physical actions of organisms; but they may involve mental
221 changes (e.g., accumulation of knowledge) and may affect future actions. This
222 preparedness has been called a *disposition to respond* (Morris 1964).

223

224 **3. Life Requires Multilevel Networks of Signs**

225

226 Organisms use signs to establish relations between their functional components and the
227 environment (both external and internal), and thus, signs are always connected into
228 *semiotic networks*. The minimum network, known as a functional cycle, includes a
229 receptor and effector (Uexküll 1982: 32); however this network is too small to support
230 heredity, functional plasticity, robustness, and evolvability of signs. Heredity requires at
231 least two levels of interacting components that have digital and analog features,
232 respectively (Hoffmeyer and Emmeche 1991). The quantum nature of small molecules
233 (e.g., nucleic bases) allows them to keep digital identity in a sequence of recursive
234 construction, and therefore they are ideal as heritable signs at the lower level
235 (Schrödinger 1940). In addition, whole organisms represent the higher-level and support
236 self-organization of the analog type. Their complexity is above the quantum threshold
237 where full identity and physical entailment is possible (Kauffman 2014). Nevertheless,
238 whole organisms can reliably reproduce their phenotypes in a sequence of generations
239 due to the meta-stability of developmental pathways and guidance from heritable
240 molecules at the lower level, as follows from Waddington's model of the epigenetic
241 landscape (see section 1).

242

243 Both plasticity and robustness in organisms require multiple alternative signaling
244 pathways to switch to in the case of malfunction, as well as additional compensatory
245 mechanisms to ameliorate the negative effects of external and internal disturbances. Thus,
246 these features cannot be implemented in very simple systems with just a few components.
247 As a result, selection favored organisms with expanded semiotic networks that had more
248 components and relations between them. These complex networks also increase the
249 evolutionary potential of organisms because there are more network connections that can
250 be rewired. However, it appears that the complexity of semiotic networks cannot increase
251 without *modularity*, as explained below, and therefore, *plasticity, robustness, and*
252 *evolvability require multi-levelness.*

253
254 Modules are discrete functional self-regulated units that accomplish some useful work
255 (e.g., construction) and are protected from external disturbances via isolation and/or self-
256 repair (Schlosser and Wagner 2004). Thus, modules can combine responsiveness to
257 external signals with enhanced persistence and stable function. As a result, each module
258 can evolve without affecting the function of other modules in the organism (Wagner
259 1996). In other words, the main advantage of modularity is that it adds freedom and
260 flexibility to semiotic networks. The second advantage is that modules are reusable: (1)
261 they can be recruited by different subsystems and/or (2) duplicated and modified for
262 slightly different jobs. For example, DNA topoisomerase I is used to unwind double-
263 stranded DNA for both transcription and replication, whereas topoisomerase II resolves
264 DNA knots and protects telomeres. Higher-level modules include multiple interconnected
265 genes that regulate developmental pathways, such as limb patterning and growth (this
266 module is reused for each limb). Finally, the third advantage is that modules are
267 adaptable and tend to provide efficient and simple interfaces for communication with
268 higher-level systems. Thus, they can be characterized by the term *simplicity* (Berthoz
269 2012), which stands for "[...] the combination of simplicity and complexity within the
270 context of a dynamic relationship between means and ends" (Compain 2003). On one
271 hand, making a module (e.g., a ribosome) is a more complex task than direct construction
272 of a single final product (protein), which means making simple things in a complex way.
273 On the other hand, the module simplifies operations by providing a “user-friendly”

274 interface with standard signaling functions. Thus, operating of a module is a simpler task
275 than repeated direct construction of final products. As an example of an interface, let's
276 consider ribosomes, which are programmable constructors of proteins. A ribosome
277 receives input in the form of a messenger RNA (mRNA). After binding to the mRNA, the
278 ribosome matches triplets of nucleotides in the mRNA with a reverse-complementary
279 triple of nucleotides in transport RNAs that carry specific individual amino acids used for
280 protein synthesis. Besides appending an amino acids to the protein chain, ribosomes can
281 process several additional signals: they terminate the protein synthesis after encountering
282 a stop-codon (UAG, UAA, or UGA), and may initiate mRNA degradation if a stop-codon
283 is found before the last exon junction. The latter mechanism is important for nonsense
284 mediated decay of improperly synthesized mRNA molecules (Yamasaki et al. 2007).
285 Normal mRNAs have no stop-codons before the last exon junction; but if a nucleotide
286 was erroneously skipped or inserted during mRNA synthesis, then stop-codons may
287 easily appear downstream of the error but before the last exon junction. This feature is
288 utilized as a signal for mRNA destruction to prevent wasteful protein synthesis and
289 potential toxic effects of erroneously synthesized proteins.

290

291 Organisms use multilevel networks to outsource routine tasks to their subagents, such as
292 organs, cells, molecular complexes, or symbionts. Moreover, they can *outsource*
293 *adaptation* by allowing subagents to solve functional problems on their own via learning
294 and evolution (see section 6). Obviously, some kind of memory or heredity is needed for
295 learning, and thus, not all subagents can learn or evolve. Mitochondria and chloroplasts
296 are organelles within eukaryotic cells, which originated from symbiotic bacteria; they
297 carry their own genome and therefore are capable of adaptive evolution that is partially
298 independent from the evolution of their master organisms. Individual cells can learn and
299 anticipate future events (Ginsburg and Jablonka 2009; Pershin et al. 2009). Simple
300 models show that epigenetic mechanisms can support associative learning by cells
301 (Sharov 2013: 353).

302

303 The integrity of networks, the degree of signaling plasticity, and the number of
304 hierarchical levels increased in evolution as new forms of interaction emerged. Molecular

305 networks in prokaryotes are simple and have limited flexibility. Genes involved in the
306 same cellular function are physically integrated into one operon, and thus, they are
307 regulated and transcribed as a group called “operon” (Lodish et al. 2000). Most genes in
308 prokaryotes have one functional domain, which limits their functional repertoire. Bacteria
309 have limited plasticity and adaptability because they lack rewritable epigenetic memory³.
310 In eukaryotes, genes are regulated and transcribed individually, which considerably
311 enriches the flexibility of gene networks. Additional cellular compartments (e.g., nucleus,
312 cytoplasm, mitochondria, Golgi, endoplasmic reticulum, which are absent in bacteria)
313 provide an opportunity to establish context-dependent interactions of signaling molecules,
314 which are different in each compartment. Transport of molecules and organelles between
315 cell compartments adds a new type of relation to signaling networks. Most eukaryotic
316 genes combine multiple functional domains that allow their protein products to
317 participate in complex cellular interactions. The nucleus represents a hub of signaling
318 connections within a eukaryotic cell and can be viewed as a mini-brain. Thanks to the
319 rewritable epigenetic memory, eukaryotic cells can adjust their functions according to the
320 environment or cellular needs and even pass this acquired information through
321 generations. The next step in the evolution of network complexity is the emergence of
322 multicellular organisms, where each cell type and each organ has its unique network of
323 signaling interactions. Multicellular organisms mastered the use of non-coding RNA (e.g.,
324 micro-RNA and lnc-RNA) for enriching the plasticity of regulatory networks. Finally,
325 animals developed neural signaling which supports fast and versatile distant
326 communications between cells and organs. The top level of interconnectedness is
327 observed in the brain of animals, but our understanding of brain function is still very
328 limited.

329

330 Let us summarize the advantages of multilevel organization of living systems. First,
331 multi-level networks integrate organism functions at a wide range of spatial scales from
332 molecules ($\sim 10^{-9}$ m) to large organisms such as whales (30 m). Life requires small
333 molecules to support heredity because of their digital properties, whereas larger scales are

³ Bacteria have no real histones. However, they change DNA methylation to control their virulence and the cell cycle.

334 needed for unique patterns of self-organization. And second, life requires plasticity,
335 robustness, and evolvability, which are all supported by modularity. Modules represent
336 intermediate levels within multilevel semiotic networks.

337

338 **4. Origin of the First Networks of Signs**

339

340 Because life and semiosis are generally viewed as coextensive (Anderson et al. 1984;
341 Sharov 1992), the origin of signs should be associated with the origin of life⁴. Thus, we
342 need to discuss how the first sign networks appeared in primordial living systems.
343 Kauffman suggested that rich networks of interacting components existed from the very
344 beginning of life (Kauffman 1986). In particular, he proposed that living systems
345 originated from autocatalytic sets of molecules, where each kind of molecule (e.g.,
346 peptide, according to Kauffman) is synthesized with the help (i.e., catalysis) of some
347 other kinds of molecules. Models show that such systems can indeed persist and
348 propagate if supplied with necessary resources (e.g., amino acids). Catalysis within stable
349 self-organizing systems is certainly a predecessor of a sign relation because catalysts
350 regulate processes that contribute to the stability of the whole system, and therefore
351 appear “useful” in relation to this system. It was shown experimentally that simple
352 autocatalytic sets of replicating RNA molecules can persist in artificial conditions
353 (Vaidya et al. 2012). However, such autocatalytic sets cannot persist in natural
354 environments that provide neither a sufficient amount of resources such as nucleic bases
355 or amino acids, nor enclosure to prevent the dissipation.

356

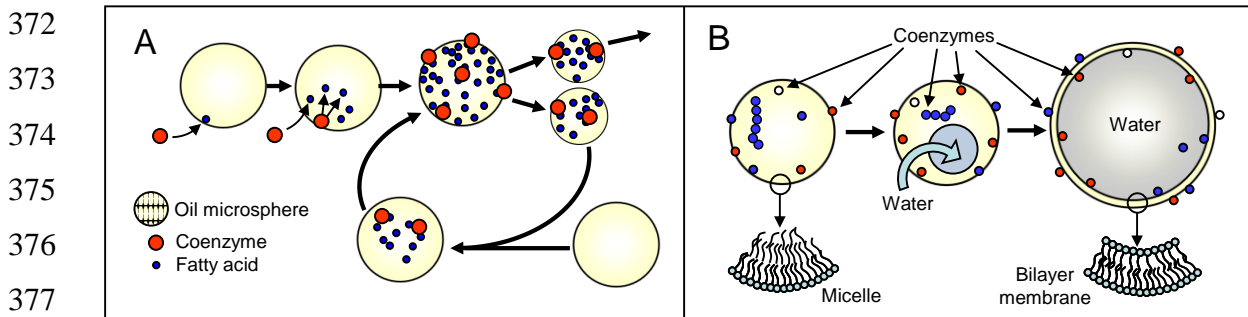
357 More realistic models of the origin of life⁵ include surface metabolism (Wächtershäuser
358 1988), and coenzyme world (Sharov 2009, 2016a). These models assume that primordial
359 living systems started with a single function and added more components sequentially.
360 For example, the coenzyme world model assumes that coenzyme-like molecules can
361 establish their own autocatalysis by attachment to the surface of oil microspheres (i.e.,

⁴ Note, that relational semiotics assumes the existence of signs even in the physical world devoid of life (Deely 1992).

⁵ I do not discuss scenarios based on self-replicating nucleic acids, such as RNA-world (Gilbert 1986), because naturally-synthesized nucleotides are too rare and unstable to support self-replication (Sharov and Gordon 2013).

362 hydrocarbons of abiotic origin) and changing surface properties via oxidation (Fig 1A).
363 Changing surface properties (the first function) may benefit coenzyme-like molecules to
364 multiply via autocatalysis mediated by modified oil microspheres, and then colonize
365 other oil microspheres. In such a system, it can be said that coenzyme-like molecules are
366 signs that encode surface properties of oil microspheres (Sharov 2009). This is a 2-level
367 network that includes coenzyme-like molecules at the lower level, and whole
368 microspheres at the upper level. This simple system can evolve via adding new kinds of
369 coenzymes with novel functions (e.g., those that help to capture and store energy and
370 other resources).

371



378

379 **Fig. 1.** Model of the origin of life on oil microspheres. (A) Coenzyme-like molecules can attach to the
380 oil microsphere via rare fatty acid molecules; after attachment they start oxidizing hydrocarbons to
381 fatty acids, which in turn provide additional anchoring sites for other coenzyme-like molecules;
382 accumulation of fatty acids increases the chance of a microsphere to split into smaller ones, and small
383 microspheres can infect other oil microspheres (i.e., capture new oil resource). (B) Transition from
384 surface metabolism on oil microspheres to cell-like systems with a bilayer membrane and internal
385 metabolism.

386

387 The advantage of this model is that it can explain the origin of coenzymes, nucleic acids,
388 template-based replication, cell membranes, and transition from external to internal
389 metabolism as follows. Polymerization of coenzyme-like molecules may strengthen the
390 surface of oil microspheres and provide a scaffold for making other molecules. At some
391 point of subsequent evolution, we can expect the emergence of template-based synthesis
392 of sign-carrying polymers, which corresponds to the beginning of the RNA-world
393 primordial systems (Sharov 2009). The cell membrane may have appeared via engulfing

394 water inside oil microspheres (Fig. 1B) (Sharov 2016a). Such "bubble microspheres" are
395 easily generated by agitating an emulsion of liquid hydrocarbons in water but they are not
396 stable. Thus, the outer membrane has to be strengthened to sustain mechanical
397 disturbances, which requires the synthesis of glycerol-like molecules to make lipids and
398 phospholipids. Emergence of a heritable metabolism for making glycerol might have
399 been the major evolutionary achievement at that time⁶. In summary, there are realistic
400 scenarios for the origin of first small networks of signs at the origin of life, and these
401 networks included two levels: the level of functional molecules and the level of proto-
402 organisms, such as oil microspheres with enhanced surface properties.

403

404 **5. Time Scales and Levels of Construction**

405

406 The notion of *construction* in relation to organisms implies that living processes (e.g.,
407 metabolism and development) have a certain similarity to human activities such as the
408 construction of homes and machines. Indeed there are many common features between
409 construction processes in organisms and in human life: (1) construction follows certain
410 rules that were developed and tested in the past (e.g., blueprints are used by humans,
411 genetic and epigenetic signs are used by organisms); (2) each action requires certain
412 resources, tools, scaffolds, and subagents which have to be created, acquired, or recruited
413 beforehand; (3) construction is adjusted to the environment or local context; (4) the
414 product of construction is further modified to compensate for imbalances or mistakes and
415 to improve its functions; and (5) the rules of construction are updated based on
416 experience. However there are also some important differences. First, human rules of
417 construction can be updated without delay, whereas the genome is not updated during the
418 life span of organisms (although it can be re-interpreted). But the pool of genomes in a
419 population changes every generation due to selective survival and reproduction. Second,
420 organisms (except humans) are not capable of true engineering, which includes
421 generating new rules of construction from scratch based on mathematical models. And

⁶ Recent discovery of alcohol and sugar on the comet Lovejoy (Biver et al. 2015) is interesting, but it does not prove that primordial organisms used carbohydrates of abiotic origin as resources. It is very unlikely that life originated on a small comet. And if a comet lands on a planet, organic chemicals would immediately degrade or become diluted.

422 third, humans are still not able to make self-constructing and self-repairing autonomous
423 systems⁷.

424

425 The notion of construction is primarily associated with material objects, but it can be
426 expanded into the ideal sphere when we talk about the construction of knowledge. Let's
427 clarify the meaning of the term *construction* when it is applied to signs and sign relations,
428 which have both material and ideal aspects. First, signs are always represented by
429 material sign vehicles; thus, agents have to *physically make sign vehicles* in order to
430 communicate. But not all sign vehicles are constructed; some of them exist naturally (e.g.,
431 the sun and moon are used by organisms for navigation or coordinating physiological
432 processes). Other sign vehicles are produced by organisms but not for communication
433 purposes. For example, gypsy moth males fly towards tree trunks to find females but tree
434 trunks were not made for the purpose of sending signals to gypsy moth males. In this case,
435 gypsy moths reuse construction processes in trees for their own semiosis. The second
436 meaning of the term *construction* as applied to signs is that organisms have to make all
437 the material tools for executing the sign relation. In particular, organisms produce a set of
438 tools during their development, which include (1) sensors or sense organs to detect or
439 perceive signs, (2) information-processing organs such as signal-transduction pathways,
440 nerves, and brains, and (3) effector organs that execute actions after the processing of
441 signs. Finally, the third meaning of the term *construction* as applied to signs is the
442 replication and/or modification of memory or heredity that supports the repeated
443 production of sign vehicles and sign-processing tools within the life span of organisms
444 and/or in subsequent generations. The hereditary mechanisms include replication of the
445 genome, copying of epigenetic signs, and creative interpretation of hereditary signs such
446 as compensation and coordination of various processes if they become unbalanced due to
447 mutations, epigenetic modifications, or changes of the environment.

448

449 When living cells produce various subagents (e.g., ribosomes, DNA-polymerases, or
450 chromatin-remodeling complexes), they construct or remodel a network of sign relations

⁷ Here I do not consider products of synthetic biology because all artificial living systems were not engineered from scratch but copied from natural organisms.

451 supported by these subagents. Indeed, subagents are sign-processing devices: ribosomes
452 use mRNA as programs for protein synthesis; DNA-polymerases use parental DNA
453 strand for template synthesis of the reverse-complementary DNA strand; and chromatin-
454 remodeling complexes sense existing chromatin modifications and either extend or
455 modify chromatin properties as guided by transcription factors and other signaling
456 molecules such as non-coding RNA or insulators. Thus, *construction of molecular signs*
457 *and subagents is essential for preserving and modifying sign relations* in living cells.

458

459 Construction can be studied at various time scales. At short times, we observe the
460 replenishment of cell components, remodeling of cell structures, cell proliferation and
461 differentiation. But it is more interesting to analyze construction processes at longer time
462 scales during development and evolution. Multicellular organisms start their development
463 from a fertilized egg, which is a single cell with a genome, epigenetic signs, and a
464 minimal set of subagents to initiate the construction of the body. Each step of
465 construction expands the semiotic capacities of the growing embryo. New receptors,
466 effector organs, and signaling pathways make new sign relations that can be utilized in
467 the next round of construction. The word “new” in this sentence refers to the *ontogenetic*
468 *novelty* for a given organism rather than for a lineage, because these structures are made
469 repeatedly in each generation. Obviously, the construction of these components is well
470 tested in the ancestral generations.

471

472 The process of embryo development may include elements of learning at the level of
473 individual cells, and this idea is supported by observations of learning-like behaviors in
474 single-cell organisms (Hennessey 1979; Armus et al. 2006; Saigusa et al. 2008). Cells
475 may actively search for potential differentiation paths based on their position in the
476 embryo and interaction with other cells. Developing organs start functioning very early,
477 and apparently they also learn how to function. Learning extends into the adult stage of
478 organisms and it is most elaborate in adult animals with brains. The main advantage of
479 learning as compared to innate regulation of development and behavior is in the increased
480 *semiotic freedom* (Hoffmeyer 2010). In particular, organisms can try various algorithms
481 of activity, select (i.e., memorize) the most productive one, and then reproduce it

482 automatically in similar conditions. Learning always generates ontogenetically novel
483 patterns of activity, but these patterns are not necessarily novel within the evolutionary
484 lineage. In fact, most of the learning is reliably repeated in each generation, as supported
485 by heritable capacities to learn (e.g., by sense organs, effector organs, and neural
486 networks). However, individual learning may occasionally produce really novel
487 behaviors that did not exist in previous generations.

488

489 Construction at the evolutionary time scale includes the emergence of phylogenetically-
490 new signs, sign relations, and agents. By *phylogenetic novelty* I mean new features that
491 have not been present in ancestral organisms. However, it appears that every
492 phylogenetic novelty is constructed mostly with the help of old components, such as
493 subagents, sign relations, tools, and resources. Every new protein is constructed by the
494 same ribosomes and the same genetic code as any other protein. Moreover, almost every
495 new gene appears to be a slightly modified copy of already existing genes. Duplication of
496 genes occurs regularly either from errors during DNA replication or from the action of
497 transposable elements or viruses that are often present in the genome.

498

499 Identical gene copies are usually not favored by selection because some functions of cells
500 may be affected negatively by the double amount of gene products. Thus, new copies of
501 genes persist only if they become sufficiently different from parental genes and support
502 functions that are not adequately covered by parental genes. Considering that each gene is
503 a part of a gene regulatory network, *new gene copies survive only if they modify their*
504 *relations within the network* (Fig. 2). For example, a new gene may become activated in a
505 different tissue or at a different phase of the cell cycle; or the encoded protein may start
506 interacting with another kind of molecules.

507

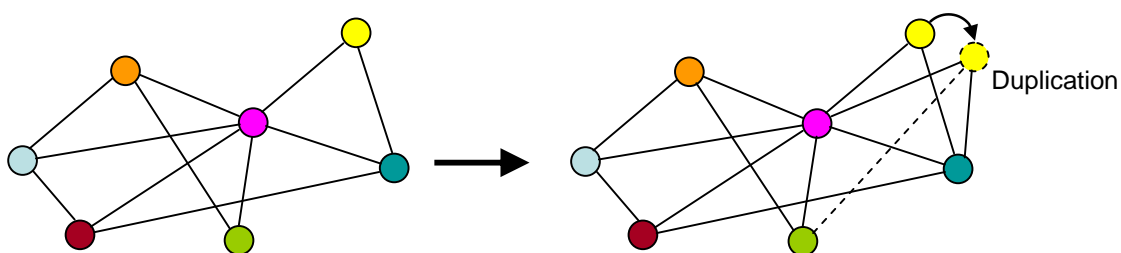
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512



513 **Fig. 2.** New nodes in a gene regulatory network are retained in evolution only if they modify their
514 relations (dashed line) with other nodes.

515

516 Naturally, this prompts another question: how do genes modify their relations in a
517 reasonably short time? Although we cannot get an answer for every gene, it appears that
518 *many genes have a hidden internal capacity to establish relations with new partners in*
519 *the network*, and therefore, modifications of gene regulatory networks are not that rare
520 and belong to the category of *adjacent possible* (Kauffman 2014). Here are a few
521 possible explanations of these capacities. First, molecular interactions are not 100%
522 specific: receptors can be activated by several different ligands, and many signaling
523 molecules may successfully bind several kinds of receptors. Second, organisms and cells
524 often include paralogs of molecular signs and subagents that originated via earlier gene
525 duplication events. Switching relations from one sign or agent to its paralog is
526 presumably more likely to happen in evolution because of the structural and functional
527 similarity of paralogs. Third, some relations within gene regulatory networks may have
528 existed in the past and just need to be restored, which is an easier task than developing
529 them anew. And fourth, due to the high redundancy of regulatory channels, each
530 functional change can be achieved via thousands of potential mutations, and thus,
531 evolution does not have to “wait” for a specific mutation to modify the gene regulatory
532 network (Sharov 2014, 2016b).

533

534 This can be illustrated by the color change in the peppered moth *Biston betularia* in
535 England, which is the best documented case of selection in natural populations (True
536 2003). Light-colored wings with dark speckles help peppered moths to hide from
537 predators (birds) on the white bark of birches. When birch trunks turned black due to
538 increased industrial pollution, a rapid spread of a dark-colored form of the moth was
539 observed. Obviously, moths had a capacity to produce dark scales on the wings even
540 before birches turned dark, but dark scales were restricted to small speckles. In particular,
541 all biochemical pathways necessary for producing the dark pigment melanin, such genes
542 as *yellow* and *ebony* (Wittkopp et al. 2002), were present beforehand. Thus, apparently, a
543 small genetic change was sufficient to redirect melanin synthesis to the entire surface of

544 the wings. Indeed, recent analysis did not reveal association of any known melanin-
545 producing genes to the dark form of the peppered moth (van't Hof and Saccheri 2010).
546 Authors hypothesized that a high-level unknown developmental factor may regulate the
547 spatial expression of one or more genes related to melanin production. Considering that
548 the ability to change color is beneficial for many moth species, it is reasonable to assume
549 that the evolutionary event with the peppered moth was well tested in the ancestral
550 species.

551

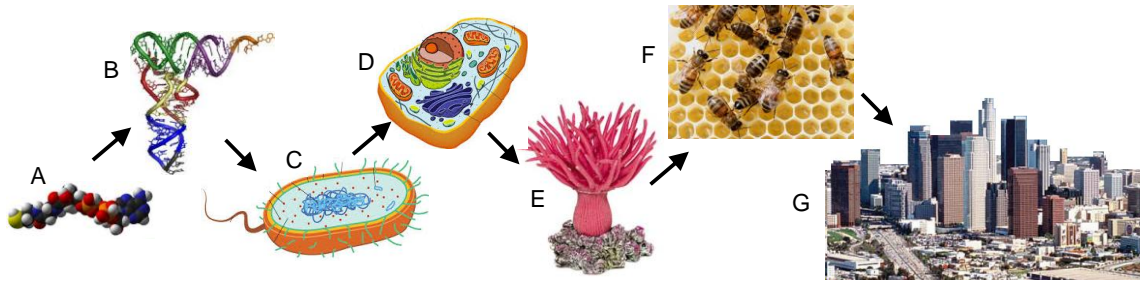
552 A special case of evolutionary construction is cooperation between organisms or
553 subagents that eventually may lead to a deep integration indicating the emergence of a
554 new super-agency. In effect, this process adds a new hierarchical level of organization
555 and was called *metasystem transition* by Valentin Turchin (1977). Examples of
556 metasystem transitions include the emergence of multicellular organisms, multi-segment
557 organisms (e.g., worms or insects), and colonies of social insects with centralized
558 reproduction (Fig. 3). Integration of neurons into a network and finally into a brain is an
559 example of metasystem transition below the organism level. The sequence of events that
560 leads to a metasystem transition is the following: (1) duplication of components without
561 full separation, (2) establishment of cooperation between components, (3) division of
562 labor and specialization, and (4) establishment of central control over components
563 (Turchin 1977). Central control targets all functions of components including
564 reproduction and survival, it suppresses antagonistic relations and promotes cooperation
565 and differentiation of components.

566

567 Turchin did not discuss symbiogenesis as a pathway to a new hierarchical level of
568 systems, although symbiosis certainly satisfies the definition of metasystem transition. In
569 the case of symbiosis (e.g., during the origin of eukaryotic cells or lichen), cooperating
570 partners are different from the very beginning, and thus there is no need for specialization.
571 Human civilization can be seen as the top level of multi-level integration that includes
572 various organizations, businesses, agriculture, and animal farming (the two latter
573 components are symbiotic).

574

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582 **Fig. 3.** Major metasystem transitions in the evolution of life: A – coenzyme-like molecules; B –
583 replicating polymers; C – prokaryotes; D – eukaryotic single-cell organisms; E – multicellular
584 eukaryotes; F – social organisms; and G – civilization.
585

586 **6. Mosaic Identity in Evolving Multi-Level Agents**

587

588 Multi-level organization brings enormous advantages to evolving living beings. In
589 particular, it supports the division of labor between subagents and ensures the plasticity,
590 robustness, and evolvability of sign regulatory networks (see section 4). But multi-
591 levelness also brings a problem of coordination between dynamic subagents. Many
592 subagents have enough autonomy for independent learning and evolution, and thus the
593 phenotype of an organism combines a mosaic of features developed by its subagents. For
594 example, individual genes have their own phylogenetic trees, which only approximately
595 match the phylogeny of whole organisms (Puigbo et al. 2013). Horizontal gene transfer
596 mediated by viral infection or symbiosis may result in a rapid change of phenotype in
597 recipient species (Koonin and Galperin 2003). For example, the capacity for
598 photosynthesis appeared in a mosaic pattern in unrelated lineages of bacteria, and it is
599 supported by similar genes, indicating multiple events of horizontal gene transfer in the
600 past (Villareal 2009: 131).

601

602 Eukaryotic organisms carry a multitude of various parasites and symbionts, such as
603 transposable elements and viruses integrated in the genome, intracellular parasitic
604 bacteria (e.g., *Wolbachia*), protozoan latent infections (e.g., *Toxoplasma*), and gut
605 microbiota. Some types of cancer cells can get transmitted between dogs during
606 copulation and thus behave as independent parasitic species (Murchison et al. 2014).

607 There is evidence that symbionts can switch between different host species (Bright and
608 Bulgheresi 2010), which supports the notion of their independent evolution. The
609 physiology of the human mind indicates that there is no central decision-making element
610 in the brain; instead there is a “society of mind” composed of many subagents (possibly
611 neurons) that come to “agreement” via a kind of voting system (Minsky 1986). Thus, the
612 phenotype and behavior of organisms is a product of interactions between subagents
613 integrated by a semiotic network.

614

615 Evolutionary (or learning) independence of multiple coexisting subagents often leads to
616 internal conflicts, especially in cases when one subagent takes control over others. For
617 example, viruses recruit host ribosomes to produce viral proteins and eventually may kill
618 the cell. Some parasites and symbionts change the phenotype or behavior of the host
619 organism for their own benefit. For example, mice infected with *Toxoplasma gondii*
620 become attracted to cat’s urine (Ingram et al. 2013). This response is beneficial for the
621 parasite because mice with the altered behavior have a higher chance to be eaten by cats
622 that are definitive hosts of this parasite (i.e., suitable for sexual reproduction). Another
623 example is the parasitic fly *Apocephalus borealis* which infects honeybees. Larvae of this
624 parasite move to the brain of bees and reprogram it to unusual dispersal activities, which
625 helps the parasite to spread around (Core et al. 2012).

626

627 An alternative strategy for parasites is not to harm their host organisms but to reproduce
628 together with them in a latent phase. In this case, the parasite and host become integrated
629 into a kind of semi-symbiotic system where subagents do not attempt to get full control
630 over each other. Interestingly, latent virus can prevent their hosts from developing
631 antiviral mechanisms by selective activation of two viral genes that encode a toxin
632 protein and an antidote to this toxin, which are both synthesized by host ribosomes
633 (Villareal 2009: 37). If a bacterial cell succeeds in removing or inactivating the virus,
634 then the unstable antidote protein quickly disappears but stable toxin persists and kills the
635 bacterial cell. In this case, the virus blocks a certain pathway of evolution in host cells.
636 Mutual constraints on evolutionary and learning pathways between subagents are
637 probably very common in semiotic networks. For example, there is evidence that the

638 immune system selectively eliminates mutant cells that may cause cancer (Corthay 2014),
639 and therefore any genetic changes towards malignancy are disrupted early.

640

641 Multi-agent semiotic networks have intrinsic uncertainty in their evolutionary future,
642 which can be compared to quantum uncertainty. A bacterium with a latent virus infection
643 has three potential outcomes: (1) it can recover by killing or inactivating the virus, (2)
644 bacterial cells may die releasing viral particles, and (3) bacteria and virus may continue
645 coexisting. In the latter case, the virus can bring certain advantages to the bacterium, such
646 as immunity against other viruses (Villareal 2009). The existence of multiple
647 evolutionary outcomes may support the balancing selection in many genes whose
648 function depends on the outcome. For example, alleles with a strong anti-viral effect are
649 beneficial for bacteria in scenario #1 but not in scenario #3. As a result, such alleles will
650 persist at some intermediate frequency. In this way, multi-agent semiotic networks
651 contribute to preserving genetic variability, which may appear useful during catastrophic
652 environmental changes that require fast adaptations to new conditions.

653

654 Considering potential antagonism and selfish behavior of subagents, what are the
655 requirements for the higher-level agency? Obviously, higher-level agents need sufficient
656 *power* to channel up the changes of subagents into directions that are beneficial for the
657 whole system. For example, individual genes may occasionally appear “selfish” because
658 of their capacity to replicate and invade other genomes (Dawkins 1976). But cells have
659 established tight constraints on the evolution of genes and do not allow them to evolve
660 towards selfish behaviors. The major restrictive mechanism is the control of gene copy
661 number: only one copy of a gene (or two copies in diploid cells) is transferred to each
662 daughter cell during cell division. Restriction of selfish tendencies of subagents seems to
663 be the major challenge in multi-level semiotic networks. But top-down control should not
664 be too strict because subagents need freedom to solve their local problems via learning
665 and evolution. Thus, higher-level agents need a balance between control and freedom,
666 although we still don’t know the criteria for optimizing these strategies. This principle of
667 combining control and freedom seems to be applicable not just to biology but also to
668 cooperating groups of humans such as families or enterprises.

669

670 **7. Conclusions**

671

672 Constructivism is a valuable addition to biosemiotics because it emphasizes the activity
673 of agents in self-construction, self-reproduction, and development of sign relations. New
674 sign relations emerge as modifications of older sign relations and employ already
675 available tools, resources, and subagents. New levels of semiosis emerge via functional
676 integration of interacting agents (meta-system transition). Multilevel semiotic networks
677 are needed to support the plasticity, robustness, and evolvability of organisms. They
678 coordinate the appearance of features developed via learning and evolution of
679 cooperating and/or conflicting subagents. Principles of multilevel semiosis may appear
680 useful not just in biology but also for managing cooperating activities of humans.

681

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686

687

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